

Training Overview

These regional trainings are part of a series of research-to-practice trainings that have taken place throughout California beginning in 2004. Please note that this training is designed as an advanced skills-building workshop. Prior exposure to general information on methamphetamine is highly recommended.

Purpose and Objectives

This one-day training offers treatment providers in the substance abuse and mental health fields the opportunity to learn science-based cognitive-behavioral skills for use in treatment settings.

As a result of attending the training, participants will be able to:

- Describe the key elements of group treatment for methamphetamine dependence;
- Understand the difference between cognitive behavioral therapy groups and process groups;
- Practice skills for assisting clients in becoming abstinent and entering into treatment through early recovery/treatment initiation groups; and
- Practice skills for conducting cognitive behavioral therapy and relapse prevention groups.

Topics

Treatment for Methamphetamine – What Are the Key Issues?

Why Can't People Stop Using When They Really Want To?

Popular and Effective Cognitive Behavioral Therapy (CBT) Strategies

Hear One, See One, Do One – CBT in Action

Necessary Skills for Stopping Drug Use

Exercises to Avoid Relapsing

UCLA Integrated Substance Abuse Programs (ISAP)
1640 S. Sepulveda Blvd., Suite 200
Box 956913
Los Angeles, CA 90095-6913
www.uclaisap.org

Nonprofit
Organization
U.S. Postage Paid
UCLA



UCLA



Clinical Trials Network
Pacific Region Node
California/Arizona Node



Sponsored by:
UCLA Integrated Substance Abuse Programs (ISAP),
Pacific Southwest Addiction
Technology Transfer Center (PSATTC),
Matrix Institute on Addictions,
NIDA Clinical Trials Network - Pacific Region Node &
California/Arizona Node

Co-sponsored by:
California Department of Alcohol and Drug Programs

CATES

2005

California
Addiction Training
and Education Series:
Methamphetamine
Treatment

Regional Training VI

June 28, 2005

Sheraton San Diego Hotel, Mission Valley
San Diego County, CA

Regional Training VII

June 30, 2005

Four Points by Sheraton, Sunnyvale
Santa Clara County, CA

Sheraton San Diego Hotel
Mission Valley, San Diego County, CA

June 28, 2005
9 a.m. - 5 p.m.

Four Points by Sheraton
Sunnyvale, Santa Clara County, CA

June 30, 2005
9 a.m. - 5 p.m.

Target Audience

The audience for these regional trainings is substance abuse and mental health treatment providers, administrators, and other professionals (e.g., researchers, psychologists, educators, law enforcement personnel, nurses, and physicians) interested in the latest information on empirically based methamphetamine treatment approaches.

Registration

Registration will occur (and continental breakfast served) from 8 a.m. - 9 a.m. Early registration is preferred. Please complete the attached mail-in registration form or register online at www.uclaisap.org. A detailed confirmation letter will be sent to you via e-mail or fax upon registration and payment. If you have special needs (e.g., ADA access, American Sign Language interpretation), please contact Bethany Plain (310-445-0874, ext. 319).

Tuition (Includes all course material)

- Early registration (prior to June 10)..\$85
- Regular registration (after June 10)..\$95

Scholarships are available. Please make requests in writing to Bethany Plain (bplain@ucla.edu) by June 1.

Cancellation Policy

Notice of cancellation must be made at least 72 hours in advance of training date in order to receive a partial refund. Otherwise, registration and continuing education fees are nonrefundable.

Visit www.uclaisap.org for more information.

Hotel Guest Rooms

A limited number of guest rooms at special conference rates have been reserved at the Sheraton San Diego (619-260-0111) and the Four Points by Sheraton (408-738-4888). To guarantee your reservation with a credit card, please call the hotel and mention the "UCLA ISAP" training.

Co-sponsorships

Several co-sponsorship and display table opportunities are available starting at \$250. Please contact Derrick Brown (310-445-0874, ext. 331) for more information.

Networking Table

Agencies can leave brochures and business cards at the networking table free of charge. This is a great opportunity to let attendees know about your organization!

Continuing Education (CE)

Six hours of CE credit are available for several disciplines. An additional \$20 fee will be assessed for CEs.

UCLA ISAP is approved by the American Psychological Association to offer continuing education for psychologists. UCLA ISAP maintains responsibility for the program.

CE credit will also be provided for CACs (CAADAC, 2N-00-445-1104), MFTs/MFCCs/LCSWs (BBS, PCE 2001), CATSs (CAADE, CP 20 731 C 0707), and CASs (CAARR, 5033).

The UCLA School of Nursing will provide Board of Registered Nursing CE credits (9542).

Lunch will not be provided; attendees are responsible for making their own arrangements.

Mail-In Registration Form

Name: _____ Degree: _____

Agency: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: () _____ Fax: () _____

E-mail*: _____

* ___ I'd like to receive e-mail notices about future trainings.

Check which CE credit you need (\$20 Fee):

___ Psychologist ___ CAC (CAADAC) ___ CAS (CAARR)

___ MFT/MFCC/LCSW ___ CATS (CAADE) ___ RN

Cert./License #(s) _____

I will attend (check one):

___ June 28, 2005 - San Diego County

___ June 30, 2005 - Santa Clara County

Early Registration (prior to June 10).....\$85

Regular Registration (after June 10).....\$95

CE Credit.....\$20

Total _____

___ Check enclosed made payable to **UC Regents**

Mail this form and payment to:

UCLA ISAP, ATTN: Bethany Plain
1640 S. Sepulveda Blvd., #200
Los Angeles, CA 90025
(310) 445-0874, ext. 319

FAX: (310) 312-0538; bplain@ucla.edu

Online Credit Card Registration

For secure credit card registration (Visa, MasterCard, Discover, or American Express), please register online at www.uclaisap.org.