

## **Proposed Agenda, CATES VI/VII: Methamphetamine Treatment**

**June 28, 2005**

**Sheraton Hotel San Diego, Mission Valley**

1433 Camino del Rio South

San Diego, CA 92108

Co-Trainers: Tom Freese & Jeanne Obert

**June 30, 2005**

**Four Points by Sheraton, Sunnyvale**

1250 Lakeside Drive

Sunnyvale, CA 94085

Co-Trainers: Tom Freese & Sam Minsky

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- 8:00 a.m.–9:00 a.m. Registration/Sign-In and Continental Breakfast
- 9:00 a.m. – 9:15 a.m. Introductions and Opening Remarks – Tom Freese, UCLA ISAP/PSATTC
- 9:15 a.m.– 10:15 a.m. Overview of Methamphetamine (including examples of key clinical issues related to treatment methamphetamine-dependent individuals) (didactic lecture)– Tom Freese
- 10:15 a.m.–10:45 a.m. Overview of Group CBT (didactic lecture)– Jeanne Obert/Sam Minsky, Matrix Institute on Addictions
- 10:45 a.m.–11:00 a.m. Break
- 11:00 a.m.–12:00 p.m. Background/development of CBT/Relapse Prevention materials; Structuring a group session; differences between process and CBT groups (didactic lecture, video, and group discussion) – Jeanne Obert/Sam Minsky
- 12:00 p.m.–1:15 p.m. Lunch on your own (refer to list in folder for local restaurants)
- 1:15 p.m.– 2:45 p.m. Early Recovery Groups (role play, 1 on 1 activities), highlighting scheduling, triggers, etc. – Jeanne Obert/Sam Minsky
- 2:45 p.m.–3:00 p.m. Afternoon Refreshment Break
- 3:00 p.m.–4:30 p.m. Relapse Prevention Groups (role play, 1 on 1 activities), highlighting a few of the RP activities – Jeanne Obert/Sam Minsky
- 4:30 p.m.–5:00 p.m. Application, wrap-up, and evaluation
- 5:00 p.m. Adjourn

\*\*Total Number of Contact Hours: 6 hours