

Training Overview

These regional trainings are part of a series of research-to-practice conferences that have taken place in Northern and Southern California in 2004.

Purpose and Objectives

Motivational Interviewing (MI) and Contingency Management (CM) are two research-based interventions that have extensive scientific support and are highly recognized in both the treatment and research communities. These approaches can be combined with an existing program to significantly enhance its effectiveness.

This training will allow participants to:

- Understand the essential theoretical and conceptual underpinnings of both the MI and CM techniques.
- Become familiar with the skills necessary to implement the techniques.
- Gain an understanding of how and when to apply the techniques and what the considerations are for determining appropriate application.

Topics

History and Explanation of Motivational Interviewing (MI)

Principles of MI

MI Microskills - OARS (Open-Ended Questioning, Affirmations, Reflections, and Summary)

Overview of the Process of Change

Literature Concerning Contingency Management (CM)

Examples of Where and How to Use CM

Problem-Solving Issues Around the Use of CM

UCLA Integrated Substance Abuse Programs (ISAP)
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www.uclaisap.org

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UCLA Integrated Substance Abuse Programs (ISAP),
Pacific Southwest Addiction
Technology Transfer Center (PSATTC),
Matrix Institute on Addictions,
NIDA Clinical Trials Network - Pacific Region Node &
California/Arizona Node

CATES

2004

California
Addiction Training
and Education Series:
Engagement & Retention

Regional Training IV

November 30, 2004
Westin South Coast Plaza
Costa Mesa, CA

Regional Training V

December 3, 2004
Radisson Hotel and Conference Center
Fresno, CA

Westin South Coast Plaza
Costa Mesa, CA

November 30, 2004
9 a.m. - 5 p.m.

Radisson Hotel & Conference
Center, Fresno, CA

December 3, 2004
9 a.m. - 5 p.m.

Target Audience

The audience for these regional trainings is substance abuse and mental health treatment providers, administrators, and other professionals (e.g., researchers, psychologists, educators, law enforcement personnel, nurses, and physicians) interested in the latest information on treatment engagement and retention strategies.

Registration

Registration will occur (and continental breakfast served) from 8 a.m. - 9 a.m. Early registration is preferred. Please complete the attached registration form or register online at www.uclaisap.org. A detailed confirmation letter will be sent to you via e-mail or fax upon registration and payment. If you have special needs (e.g., ADA access, American Sign Language interpretation), please contact Bethany Plain (310-445-0874, ext. 319).

Tuition (Includes all course material)

- Early registration (Prior to Nov. 10) .. \$85
- Regular registration (After Nov. 10) .. \$95

Scholarships are available. Please make requests in writing to Bethany Plain (bplain@ucla.edu) by Nov. 1.

Cancellation Policy

Notice of cancellation must be made at least 72 hours in advance of training date in order to receive a partial refund. Otherwise, registration and continuing education fees are nonrefundable.

Visit www.uclaisap.org for more information.

Hotel Guest Rooms

A limited number of guest rooms at special conference rates have been reserved at the Westin (714-540-2500) and the Radisson (559-268-1000). To guarantee your reservation with a credit card, please call the hotel and mention the "UCLA ISAP" meeting.

Co-sponsorships

Several co-sponsorship and display table opportunities are available starting at \$250. Please contact Derrick Brown (310-312-0500, ext. 307) for more information.

Networking Table

Agencies can leave brochures and business cards at the networking table free of charge. This is a great opportunity to let attendees know about your organization!

Continuing Education (CE)

CATES meets the requirements for a total of 6 hours of CE credit. An additional \$20 fee will be assessed for CEs.

UCLA ISAP is approved by the American Psychological Association to offer continuing education for psychologists. UCLA ISAP maintains responsibility for the program.

CE credit will also be provided for CACs (CAADAC, 2N-00-445-1102), MFTs/LCSWs (BBS, PCE 2001), CATSs (CAADE, CP 20 731 C 0707), and CASs (CAARR, 5033).

The UCLA School of Nursing will provide Board of Registered Nursing CE credits (9542).

Lunch will not be provided; attendees are responsible for making their own arrangements.

For secure online credit card registration, go to www.uclaisap.org.

REGISTRATION FORM

Name: _____ Degree: ____

Agency: _____

Address: _____

City: _____ State: ____ Zip: _____

Phone: () _____ Fax: () _____

E-mail*: _____

* ___I'd like to receive e-mail notices about future trainings.

Check which CE credit you need (\$20 Fee):

___ Psychologist ___ CAC ___ CAS

___ MFT/LCSW ___ CATS ___ RN

Cert./License #(s) _____

I will attend: ___ Nov. 30 ___ Dec. 3

Early Registration (Prior to Nov. 10)\$85

Regular Registration (After Nov. 10)\$95

CE Credit\$20

Total _____

Method of Payment:

___ Check enclosed made payable to **UC Regents**

___ Visa ___ MasterCard

___ Discover ___ American Express

Card # _____

Expiration Date: _____

Cardholder Name: _____

Signature: _____

Fax or mail this form and payment to:

UCLA ISAP, ATTN: Bethany Plain
1640 S. Sepulveda Blvd., #200

Los Angeles, CA 90025

(310) 445-0874, ext. 319

FAX: (310) 312-0538; bplain@ucla.edu