



Training Opportunities Available Through UCLA Integrated Substance Abuse Programs and the Pacific Southwest Addiction Technology Transfer Center

The UCLA Integrated Substance Abuse Programs was founded in 1999 to formally merge the expertise, resources, and activities of several organizations involved in substance abuse research and treatment in Southern California. Supported by dozens of prominent colleagues, M. Douglas Anglin, Ph.D., Walter Ling, M.D., and Richard Rawson, Ph.D., together formed a unified, multidisciplinary consortium of researchers and clinical professionals investigating substance abuse and its treatment. The resulting organization, directed by Dr. Ling, with Drs. Rawson and Anglin as Associate Directors, has brought to bear a uniquely coordinated, comprehensive approach to the study and treatment of substance abuse.

The first five years of ISAP activities have yielded results that significantly advanced the knowledge base regarding substance abuse, its consequences, and its treatment, with salient impacts on practice and policy at local, regional, national, and international levels.

ISAP is the organizational host of the Pacific Southwest Addiction Technology Transfer Center (PSATTC), one of 14 regional centers supported by SAMHSA's Center for Substance Abuse Treatment. The PSATTC provides training, information, and collaborative promotion of empirically proven substance abuse treatment practices. The PSATTC increases knowledge about and improves the delivery of effective treatments for substance abuse providers.

Two major training initiatives were launched in calendar year 2004 – the California Addiction Training and Education Series (CATES) and the Western Conference on Addictions (WCA). The initiatives were developed to meet the ever growing and changing training needs of certified and licensed substance abuse and mental health professionals working throughout the state of California and beyond. More information on CATES and WCA is available at www.psattc.org.

We have the capability, through ISAP and the PSATTC, to provide trainings on a variety of topics, including:

- Substance Abuse 101 (an introduction to substance abuse)
- Addiction: A Brain Disease
- Pharmacology of Addiction
- Methamphetamine Treatment (Epidemiology, Etiology, and Physiology; Evidence-Based Treatment Approaches)
- Best Practices in Addiction Treatment (e.g., Motivational Interviewing, Cognitive Behavioral Therapy, Contingency Management)
- Motivational Interviewing
- Process improvement strategies to improve client engagement and retention
- The Matrix Model of Intensive Outpatient Treatment
- Clinical Supervision
- Relapse Prevention
- Treatment for individuals with special needs (i.e., criminal justice, lesbian, gay, bisexual, and transgender populations, adolescents, and those with co-occurring substance abuse and mental health disorders)
- Community-based interventions to treat HIV/AIDS
- Buprenorphine and Opioid Treatment Approaches
- Grant-Writing
- Follow-up/tracking clients

ISAP- and PSATTC-sponsored trainings are listed on the Training Calendar, available on the PSATTC website. For more information, visit www.uclaisap.org or www.psattc.org. If you would like to receive e-mail announcements of upcoming training events, please contact Sharon Jotblad by phone at 310-267-5398 or by e-mail at sjotblad@ucla.edu.

Thank you,



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